



The Trevor "Birdie" Davis Water Safety Foundation

May 2010

www.cbre.com/birdie

3rd Annual "Birdie" Invitational Raises Over \$40,000

How you can help:

- Play in and/or sponsor the 4th Annual "Birdie" Invitational on September 17, 2010
- Donate items or services for silent auctions and raffles (email Amy Davis for info)
- Tell a friend about the drowning prevention strategies in this newsletter

The 3rd Annual "Birdie" Invitational was a great success, raising over \$40,000 to benefit The Trevor "Birdie" Davis Water Safety Foundation. The event took place at the Reston National Golf Course on September 18, 2009.

Friends, family members, and colleagues turned out to play golf and support the Foundation. To date, the "Birdie" Invitational events

their generous support:

- ING Clarion Partners**
- Under Armour**
- Creekstone Communities**
- Brandywine Realty Trust**
- Cobblestone Advisory Group**
- North Berman**
- Beebe**
- Vornado/Charles E. Smith**
- C2 Media**
- Kaz Brothers/Ellsworth Land**
- Lincoln Property Company**
- Cooley Foundation**
- Brookfield Properties**
- New Boston Fund**
- Fox Architects**

Following the golf tournament, everyone enjoyed a wonderful dinner and presentations of awards and prize winners. Infant Swimming Resource's (ISR) founder, Dr. Harvey Barnett, made a special presentation



Harvey & JoAnn Barnett with Amy & Brad Davis

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Golfers line up at Reston National Golf Course

have raised a combined \$200,000 in support of the Foundation's goal to educate parents about water safety for their children.

Brad and Amy Davis thank everyone who participated, especially the sponsors, volunteers, and donors for



Brandon on the 1st tee

on behalf of the hundreds of families whose children have learned Self-Rescue™ skills through ISR thanks to the Trevor "Birdie" Davis Water Safety Foundation. The video of the presentation is available online at www.infantswim.com under Community of Caring.

Please mark your calendars for the 4th Annual "Birdie" Invitational to be held on **September 17, 2010.**

Over 1,000 Area Children Learn Self-Rescue™ Skills

The Trevor "Birdie" Davis Water Safety Foundation first brought the Infant Swimming Resource (ISR) program to the DC area in 2007. Since then, more than 1,000 infants and young children have learned Self-Rescue skills in the water.

ISR Instructors provide one-on-one instruction during daily, 10 minute lessons. Infants from six to 12 months learn to hold their breath underwater, roll onto their backs and float unassisted. Children over one year learn the following sequence: how to hold their breath underwater, swim with their head down and eyes open, roll onto their back to float, rest, and breathe, and then roll back over to continue this sequence until they reach safety at the wall or edge. Since 1966,

ISR Instructors have taught these skills to over 200,000 children worldwide while maintaining a 100% safety record.



Most families in the DC area can trace their involvement with ISR directly to the Davis Foundation.

In addition to the Foundation's tireless work to raise community awareness of drowning prevention resources, including ISR, the Foundation has sponsored the training fees for several ISR Instructors. Thanks to the Foundation's efforts families all across the Metro D.C. area have been made more aware of drowning prevention and water safety. Many parents took time to show their gratitude to the Davis Family by sending letters and pictures for the 2009 tournament. One parent put it best: *"One small boy has done so much good for so many people. I am in awe of your courage. Thank you doesn't seem to fully express my appreciation."*

How can I enroll my child in ISR in this area?

ISR Instructors are teaching throughout our area and may be available to travel to new areas as well. Contact one of the local ISR Instructors for more information:

Sarah Edwards
Arlington, VA
 (772) 708-1984
 s.edwards@infantswim.com

Nancy Monaghan
Landsdowne & McLean, VA
 (703) 851-1515
 n.monaghan@infantswim.com

Staci Otto
Arlington & Alexandria, VA
 s.otto@infantswim.com

Kelly Rogers-Hale
Rockville & Westlake, MD
 (301) 774-5548
 k.rogers@infantswim.com

Katie Smith
Woodbridge & Dale City, VA
 (703) 853-8080
 k.smith@infantswim.com

David Worrell
McLean, VA
 (301) 830-0553
 d.worrell@infantswim.com

Don't see your area? Go to www.infantswim.com and use the Instructor Locator tool.

Dylan Davis Graduates ISR



We are proud and excited to report that our daughter, Dylan, graduated from ISR in January 2010! She began the class in November when she was 13 months old. Kelly Rogers was her instructor and it was incredible to watch her attain the skills necessary to save herself. A huge thank you to Kelly for all her hard work and dedication! Kelly will be teaching at Congressional Country Club and Georgetown Prep throughout the summer.



Dylan and Brandon

What can YOU do to prevent drowning?

Drowning is the leading cause of accidental death among young children in 18 states and ranks first nationally for children one to three years old.

No one is "drown proof." Parents must implement multiple layers of protection in their home to help prevent drowning. These include:

Supervision

There is no substitute for adult supervision when children are

in and around water. Use a kitchen timer to segment supervision and do nothing but watch the pool during that time.

Fencing

Secure pools and other bodies of water with permanent fencing that completely separates the area from the home, is four to six feet high, and

uses a self-latching gate.

Self-Rescue™ Skills

Enroll your child in lessons that teach survival swimming skills. Infants as young as six months can learn basic Self-Rescue skills to buy precious time if they find themselves alone in the water. See www.infantswim.com for more information.



Foundation News

The Trevor "Birdie" Davis Water Safety Foundation is proud to announce that we have been able to sponsor six instructors as of May 2010! We would like to thank you

for helping us to make this possible. Through our golf tournament and the ongoing support of our donors, we are able to continue to spread ISR not only throughout the Washington,

DC area but also in New Jersey, Pennsylvania and Seattle. We have also been able to sponsor several children who otherwise would not have been able to take the class.

Donate Life

The Washington Regional Transplant Community is sponsoring its 1st Annual Run/Walk for Life 5K to help raise awareness of organ, eye and tissue donation. The event will be held on Sunday, June 14, 2010 at

8:00 am in Washington, DC.

This amazing organization's vision is to heal communities through organ and tissue donation. They provide donor registration, coordination of

services, and support for donor's families. Our Trevor saved two lives—become a donor today!

Go to www.beadonor.org to register as a donor or register for the 5K.

The Trevor "Birdie" Davis Water Safety Foundation

Donations to the Foundation may be sent to:
The Trevor "Birdie" Davis Water Safety Foundation
c/o Cardinal Bank
8270 Greensboro Drive, Suite 100
McLean, VA 22102

www.cbre.com/birdie

AmyDDavis71@verizon.net

501(C)(3) Charitable Foundation

Tax-ID #71-1009332

SAVE THE DATE!

4th Annual "Birdie" Invitational



The Trevor "Birdie" Davis Water Safety Foundation was founded in June 2006, as a result of his accidental drowning when Trevor was 26 months old. The mission of the foundation is to save innocent lives through education and awareness of water hazards for both children and adults. We are devastated over the loss of our son and we know that we need to make it our mission to prevent other children and parents from

having to experience this type of tragedy. The Foundation also supports worthy organizations that educate, support, and save the lives of children.



The Foundation partnered with the Infant Swimming Resource

(ISR) program in 2007 to make Self-Rescue™ lessons available in the Metro DC area. Since that time, the Foundation has sponsored the trainings for several ISR Instructors, assisted families in paying lesson tuition, and brought awareness to the community. Over 1,000 local children have learned potentially life-saving skills thanks to The Trevor "Birdie" Davis Water Safety Foundation and their generous supporters.

About the Foundation